





OnZen Spa offers a wide selection of treatments for individuals, couples and families. With a full line of skin, body and hair care products containing the finest Essential Oils blended with plant, fruit and marine extracts to deliver remarkable, highly visible results every time. Made of naturally derived ingredients they are 100% Vegan, contain no animal byproducts and are not tested on animals, non-comedogenic, contain no Mineral Oil, Lanolin, Artificial Fragrances, Synthetic Colors, Alcohol, Parabens (Propyl, Methyl or Butyl), Lauryl Sulfates (SLS), Propylene Glycol, Urea, Phenoxyethanol, Triethanolamine, (TEA) Diethanolamine (DEA), or Monoethanolamine (MEA). For your convenience we will ship any of our products to your home so you can continue your spa experience.



Facials

Our facials are an exquisitely pampering experience, creating a natural, healthful glow. All facials include a complimentary analysis of your skin, to determine which products are best suited to your needs.



ONZEN ANTI-AGING SIGNATURE FACIAL

A truly luxurious treat against aging. Designed to reduce fine lines, strengthen the skin's elasticity, counteract photo aging and restore a youthful appearance. It includes skin analysis, exfoliation of dead cells and extractions followed by a soothing neck, shoulders, décolleté, hand and foot massage to complete this treatment. 60 MIN

RENEWAL FACIAL

Soothing and repairing ingredients, drenched with minerals and antioxidants and loaded with Aloe Vera, this facial immediately helps to soothe the skin, reduce signs of redness and treats dilated capillaries. Excellent for all skin types. Highly recommended for sensitive skin, Rosacea and sun burn. It includes skin analysis, soothing neck, shoulders, décolleté, hand and foot massage to complete this treatment. 50 MIN

TEEN CLEAN / ADULT ACNE

During puberty, oil glands enlarge and more oil is produced, as a result, acne occurs in most teenagers. Even as an adult, the use of steroids, certain birth control treatments, hormone therapies and other medications can also cause acne breakouts. Treatment includes exfoliation, extractions, and mask. 50 MIN

PURIFYING BACK FACIAL

The skin on your back is often affected by the same kind of hormonal imbalances that affect your face. We will cleanse exfoliate, extract, and mask to smooth and improve the texture of the skin. 45 MIN

MINI FACIAL

Replenish and invigorate your skin with our Mini Facial. We cleanse, exfoliate, soothe and massage. A great add-on with another On Zen treatment. Does not include extractions. 30 MIN



Organic Body Treatments



Our combinations of rich natural ingredients remove toxins, increase circulation and create a natural radiance. All Body Wraps include one of our scrumptious scrubs and conclude with an application of conditioning body lotion, sealing in moisture and leaving the skin luxuriously refreshed.



SUPER SUNSCREEN APPLICATION - ENJOY THE SUN WITHOUT THE WORRY !

Enjoy the Costa Rica sun safely and allow us to cover you in a super rich lotion containing Organic Cocoa Butter for extra moisturizing, Jojoba Oil to improve elasticity and 16% (.2 micron) Zinc Oxide with protective botanical extracts to protect your skin from the full spectrum of UVA, UVB, and UVC rays, making it truly the best natural sunblock ingredient available. It sits on the surface of your skin forming a physical barrier against sunlight, reflecting it before it reaches the skin and does not leave a white film on the skin like regular Zinc. Remember, no sunscreen, regardless of strength, should be expected to stay effective longer than two hours without reapplication. ADD-ON TO BEACH MASSAGE or ENJOY FREE AFTER ANY IN-SPA MASSAGE!

ONZEN MINERAL BATH SOAK

The skin is the body's largest organ, and as such, has an amazing ability to absorb, filter toxins, and deliver nutrients to the body. Our Mineral Bath Salts contain elements that our body needs and cannot produce on its own. A bath is a great way for those minerals to be absorbed by your body, soothing tired muscles and joints to help you relax and bring peace. Available as a solo treatment only after 6 pm: A great way to end your day after a tour! 20 MIN

ORGANIC COFFEE SCRUB

Wake up and smell the coffee! The caffeine and EGCG (Epigallocatechin Gallate - a potent antioxidant) in coffee helps neutralize free radicals that damage the skin. This unique formulation removes dead skin cells, improves circulation, firms, slims and mineralizes the skin. Pregnant women who wish to avoid exposure to caffeine should avoid the use of this product. 45 MIN

ORGANIC HONEY BODY POLISH

Our Organic Honey Body Polish is not only delicious, but leaves your skin feeling silky smooth and ultra-hydrated. Recommended for all skin types. 45 MIN

ORGANIC CONTOURING BODY MASK

This Seaweed Body treatment is rich in Laminaria, a special algae known for its intensive contouring benefits, Chlorophyll, which helps detoxify the skin and body, essential fatty acids that improve skin elasticity, and Vitamin A, an antioxidant that normalizes skin cells. A gentle exfoliation, soothing neck, shoulders, décolleté, and scalp massage is included with this treatment. 60 MIN

HERBAL FIRMING WRAP

An excellent way to increase energy, aid in the absorption of much-needed minerals and vitamins, pull toxins from the skin, help stimulate circulation, reduce flakiness, improve skin clarity, skin elasticity, firmness and texture. A gentle exfoliation, soothing neck, shoulders, décolleté, and scalp massage is included with this treatment. 60 MIN

TIRED OF YOUR CELLULITE?

A coffee lovers dream come true features Organic Coffee, combined with rich natural oils, a unique formulation that helps to increase circulation and reduce the appearance of cellulite. The difference is in the mirror, not on the scale. A gentle exfoliation, soothing neck, shoulders, décolleté, and scalp massage is included with this treatment. (Note: Pregnant women who wish to avoid exposure to caffeine should avoid the use of this product.) 60 MIN

SUN BURN TREATMENT

Over done it in the sun? We have a calming, soothing, damage-minimizing remedy. A super repairing treatment performed with the gentlest of hands allows the essence of cypress to calm and cool inflamed blood vessels. Organic Shea Butter restores lost moisture and turns down the heat in the skin. Your skin will feel softer, less taut and will be less likely to peel. 45 MIN





Organic Massages



Allow our highly skilled and intuitive massage therapists to help you ease away muscular tension and alleviate stress. Choose from a variety of massage techniques and savor an experience of beauty, peace and nurturing care.



ONZEN SIGNATURE MASSAGE

Savor bliss with a blend of four massage techniques combined into one. Our therapist will utilize medium pressure and a variety of targeted techniques with a combination of hot stones and essential oils known for their unique healing properties to reduce stress, relieve tension and stimulate the flow of blood and lymph, naturally healing the body and mind. 60 or 90 MIN

SWEDISH MASSAGE

This massage combines light pressure and long, gliding strokes to reduce tension, soothe sore muscles and increase circulation. 30 or 60 MIN

THERAPEUTIC DEEP TISSUE

A deep penetrating pressure point massage utilizing elbows and forearms to help relieve muscular pain and discomfort, due to stress, injury, overuse or misuse. Therapists give special attention to your personal problem areas. 60 or 90 MIN

COSTA RICA HOT STONE MASSAGE

This massage is influenced by the traditions of our indigenous culture. The ancient art includes the precise placement of smooth, heated river stones. This medium- pressure massage combines the elements of fire, water and earth, bringing profound relief to tight muscles, stressed emotions and a weary spirit. 60 or 90 MIN

PRENATAL MASSAGE

Now more than ever a woman's body needs special TLC. Gentle nurturing touch helps relieve leg cramping, increase circulation and totally relax body rhythms to soothe you and baby too. (Recommended for women in their second or third trimesters only) 60 MIN

RAIN FOREST AROMATHERAPY MASSAGE

Ideal for the first time spa goer, this full-body massage allows you to specifically choose from blends of aromatic essential oils that respond to your mind, body and spiritual needs. Gentle soothing, stroke techniques relax tense muscles; promote detoxification, lymphatic drainage and an overall feeling of wellbeing. 60 or 90 MIN

ONZEN REFLEXOLOGY FOOT THERAPY

An excellent option for hikers and golfers, this therapeutic treatment begins with the cleansing and exfoliation of the feet and lower legs. You are then treated to a nourishing pressure-point foot massage using a combination of hot stones and acupressure for maximum benefits. Our skilled therapists will dissolve away all your aches and pains. 15 or 30 MIN

IN ROOM MASSAGE

Available for additional fee

BEACH MASSAGE

Enjoy our Swedish-style massage while enjoying the fresh air and ocean breezes. 30 or 45 MIN



Packages

Place yourself in the skilled hands of an OnZen Spa care expert and relax for hours at a time with these specially tailored packages. Bringing together luxurious treatments in unique combinations, our spa retreats offer rich benefits for both body and soul. We would be happy to custom design a spa retreat according to your own personal preferences.



COUPLES DELIGHT

A serenely unique and memorable experience within our exquisite couple's room, administered by two therapists working in unison to provide an unforgettable shared experience for you and your partner. Choose from any of our Facial, Body Treatments, or Massages. Mothers and daughters, as well as friends visiting the spa together will enjoy this experience.

THE EXECUTIVE

Whether or not you are an Executive, let us make you feel and look like one! Take time to rejuvenate yourself. We will start you off with a Steam/Sauna followed by our OnZen Signature Massage. An ONZEN Anti-aging Signature Facial, Spa Manicure and Spa Pedicure, will leave you revitalized from head to toe. 3.5 HRS

SPA ESCAPE

We will start with a Hydro Soak followed with an Organic Honey Body Polish. Then embellish you with our Organic Contouring Body Mask and a Renewal Facial. Next, a Rejuvenating Spa Manicure and Revitalizing Spa Pedicure will leave you feeling like you just came back from a well-deserved vacation. 3.5 HRS

PASSPORT TO PARADISE

Lose yourself in a Rain Forest! Take in the soothing sounds while we exfoliate you with our Organic Honey Body Polish followed by a Costa Rica Hot Stone Massage and finish with an OnZen Signature Pedicure. You might never want to find your way back. 2.5 HRS

ROMANCE PACKAGE

A package designed just for the two of you! Simply relax, sip chilled sparkling wine and feed each other chocolate-covered strawberries while enjoying a soothing OnZen Mineral Bath Soak. You will then be escorted to our Couples Suite, pick essential oils that will heighten the senses, and get lost in side-by-side Rainforest Aromatherapy massages. 2HRS

BRIDAL RETREAT

Feel relaxed and beautiful for your special day. Melt away those wedding day jitters with a Hydro Soak followed by a Cellulite Coffee Scrub and Costa Rica Hot Stone Massage and a Renewal Facial. In addition, our Spa Manicure and Spa Pedicure will ensure you a radiant bride. As our gift to the bride, her services will be on us when a group of 5 or more in her party books any of our Spa Packages. 4 HRS

GROOM'S DAY

Our goal is to make you feel exceptional on this very special day. Immerse yourself in a world of healing and relaxation in our Hydro Soak followed by an OnZen Signature Massage with a twist. Two are better than one, so on this special day two therapists will work in tandem to provide this ultimate experience followed with a Spa manicure and Spa Pedicure. Nothing feels and looks better than well-groomed hands and feet! 2.5 HRS





Spa Manicures / Pedicures



We delight in offering a range of services, specifically created to complete your spa experience from head to toe. All services are designed to be holistic, balancing the mind as well as the body.



ONZEN SIGNATURE MANICURE

Our most luxurious manicure provides you with perfect grooming of the hands and nails. This treatment is accompanied by a skin-conditioning exfoliation using Organic Honey, as well as Organic Raw Shea Butter to strengthen nails and stimulate growth, detailed finesse of the nails and cuticles, soothing massage utilizing hot stones, and followed by an application of polish of your choice complete this treatment. 45 MIN

ONZEN SIGNATURE PEDICURE

Treat your feet to an unforgettable experience of pure pampering to soften the skin and eliminate dryness. Close your eyes and soothe your feet in a purifying aromatherapy bath infused with organic bath salts containing minerals to combat stress and water retention, increase circulation, strengthen nails and dissolve away all your aches and pains. Exfoliation with Organic Honey, detailed finesse of the nails and cuticles, soothing massage utilizing hot stones, followed by an application of polish of your choice will have your feet feeling totally renewed. 60 MIN

SPA MANICURE

The perfect way to complete any spa experience, our Spa Manicure is a delightfully nourishing treatment for the delicate skin of the hands. This exceptional treatment includes exfoliation with Organic Honey; Organic Shea Butter to strengthen nails and stimulate growth, nail and cuticle shaping, followed by a relaxing massage and polish according to your individual preference. 30 MIN

SPA PEDICURE

Precise grooming and detailing make your feet look their most attractive. You will start with a luxurious soak infused with organic bath salts containing many minerals to combat stress, water retention, increase circulation and strengthen nails. The pedicure is finished with a refreshing lotion to replenish your skin. 50 MIN

Price List Facials / Faciales

ONZEN ANTI-AGING SIGNATURE FACIAL / FACIAL REJUVENEZEDOR ONZEN	60min	\$75
RENEWAL FACIAL / FACIAL RENOVADOR	50min	\$65
TEEN CLEAN or ADULT ACNE / FACIAL PURIFICANTE PARA ACNE	50min	\$65
PURIFYING BACK FACIAL / FACIAL PURIFICANTE PARA ESPALDA	45min	\$65
MINI FACIAL	30min	\$40

Organic Body Treatments / Tratamientos Corporales Orgánicos

ONZEN MINERAL BATH SOAK / BAÑO DE SALES MINERALES	20min	\$35
ORGANIC COFFEE SCRUB / EXFOLIACIÓN DE CAFÉ ORGÁNICO	45min	\$55
ORGANIC HONEY BODY POLISH / PULIDOR CORPORAL DE MIEL ORGÁNICO	45min	\$55
ORGANIC CONTOURING BODY MASK / ENVOLTURA MOLDEADORA DE CUERPO	60min	\$85
HERBAL FIRMING WRAP / ENVOLTURA DE HIERBAS REAFIRMANTE	60min	\$85
AWAY WITH CELLULITE ! / "ADIOS A CELULÍTIS"	60min	\$85
SUN BURN TREATMENT / TRATAMIENTO PARA QUEMADURAS DE SOL	45min	\$65

Massages / Masajes

ONZEN SIGNATURE MASSAGE / MASAJE ONZEN	60min	\$95	90min	\$130
SWEDISH MASSAGE / MASAJE SUECO	30min	\$45	60min	\$70
THERAPEUTIC DEEP TISSUE / MASAJE PROFUNDO TERAPEUTICO	60min	\$90	90min	\$125
COSTA RICA HOT STONE MASSAGE / MASAJE PIEDRAS CALIENTES	60min	\$85	90min	\$120
PRENATAL MASSAGE / MASAJE PRENATAL	60min	\$85		
RAIN FOREST AROMATHERAPY MASSAGE / MASAJE AROMATERAPIA	60min	\$85	90min	\$120
ONZEN REFLEXOLOGY FOOT THERAPY / TERAPIA DE REFLEXOLOGIA PARA PIES	15min	\$30	30min	\$50
IN-ROOM MASSAGE / MASAJE EN HABITACIÓN	Add 15% / Agregue 15%			
BEACH BREEZE MASSAGE / MASAJE AL AIRE LIBRE	30min	\$25*	45min	\$40*
ORGANIC SUNSCREEN APPLICATION / APLICACIÓN DE BLOQUEADOR ORGÁNICO	Add \$10 / Agregue \$10			

OnZen Packages / Paquetes OnZen

COUPLES DELIGHT / DELEITE EN PAREJA	Time / Duración	Pricing Will Vary / Precios varían
THE EXECUTIVE / EL EJECUTIVO	3.5 hrs	\$198
ONZEN ESCAPE / ESCAPE ONZEN	3.75hrs	\$185
PASSPORT TO PARADISE / PASAPORTE AL PARAISO	2.5 hrs	\$170
ROMANCE IS IN THE AIR / ROMANCE ESTÁ EN EL AIRE	2 hrs	\$250
BRIDAL RETREAT / DESPEDIDA DE NOVIA	4 hrs	\$230
GROOM'S DAY / DÍA DEL NOVIO	2.5 hrs	\$170

MANIs & PEDIs / Manicures y Pedicures

ONZEN SIGNATURE MANI / MANICURE ONZEN	45min	\$35
ONZEN SIGNATURE PEDI / PEDICURE ONZEN	60min	\$55
BASIC SPA MINI / SPA MANICURE	30min	\$25
BASIC SPA PEDI / SPA PEDICURE	50min	\$35

*Beach Breeze Massage does not include use of Spa Facilities / * Masaje al Aire Libre no Incluye uso de las instalaciones del Spa.

Note: Prices and treatments are subject to change without notice. Prices are subject to Government Tax 10% service charge.

Nota: Los precios y los tratamientos están sujetos a cambios sin previo aviso. Los precios están sujetos al impuesto del Gobierno del 10% de servicio.





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